



***Life!* after gestational diabetes**

Prioritise your health and reduce your risk of type 2 diabetes with a FREE healthy lifestyle program. This program is delivered by health professionals and is available in Vietnamese and English.

Scan the QR code to find out more about the *Life!* program today or call us on 13 RISK (13 74 75)



If you need an interpreter, contact 131 450 and provide them with our phone number 13 74 75



For more information please call us on 13 RISK (13 74 75) or visit lifeprogram.org.au/vietnamese_life-program-gestational-diabetes/

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The *Life!* program is supported by the Victorian Government