



Life! after gestational diabetes

Prioritise your health and reduce your risk of type 2 diabetes with a FREE healthy lifestyle program.

Scan the QR code to find out more about the *Life!* program today or call us on 13 RISK (13 74 75)



For more information please call us on 13 RISK (13 74 75) or visit lifeprogram.org.au/life-program-gestational-diabetes/

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The *Life!* program is supported by the Victorian Government